

The Journey: Blazing New Trails, LLC
1991 North State Street, Provo, Utah 84604
(801) 375-4240; Fax (801) 375-4241

Dear Parents,

Your son has been accepted to *The Journey: Blazing New Trails* **Rising Phoenix Residential Treatment Program** for high school age males. We welcome him into the program, and would like to inform you more about the program and what your son will experience. Our mission is to use work, education, and outdoor activities to instill and enhance a true sense of direction in each resident's life.

Elements of work and outdoor activities will be combined to provide a unique educational experience for your child. The work element of our program combines community service with hands-on work experience. Your son will learn outdoor wilderness skills and will build confidence, set goals, and focus his life. Residents will take part in recreational activities, and during the school year a full school program. Additionally, substance abuse treatment and therapy are a large component of the programming.

Your son will be expected to behave appropriately and will be recognized and rewarded for his behavior. He will have the opportunity to rate his daily performance on a scale of 1 to 4, and will keep a journal of his progress, feelings, and goals. We encourage you to write your son and offer positive feedback during his stay. Please do not send care packages to your son, as it creates inequality among the residents. Residents may only send mail to family members.

You should receive a telephone call within 24 hours after your son's arrival, unless a parent has transported him to our center. He may call you once a week, the length of time dependent on his level. If you live out of the area, you may want to provide a calling card for him, as he may earn the privilege to have longer phone calls.

Family visits occur on Sunday afternoons, and need to be scheduled. Initially, we ask that only parents attend these visits. As your son progresses, he may be eligible for extended family visits, as determined by his level and approval. Family therapy may be recommended, where you and your son meet in the office for a session.

A packing list is included, indicating the items your son should bring. Any additional items sent will be returned or stored. Please do not bring food or gifts for your son on Sunday visits, as this creates difficulty in monitoring items.

Again, we welcome your son into the program. Should you have any further questions, concerns, or would like to know more about the program, please call:

Aaron Fox
Program Director
(801) 885-7908

Dr. Marina Starling
Clinical Director
(801) 368-2278

Dr. Maddy Liebing
Administrator
(801) 361-4070

Rising Phoenix Residential Treatment Program
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