

*The Journey: Blazing New Trails, LLC*  
1991 North State Street, Provo, Utah 84604  
(801) 375-4240; Fax (801) 375-4241

## Rising Phoenix Residential Treatment Program Packing List

Please send **only** the following clothing items with your child:

### Daily Clothing Items:

- 5 pair work pants
- 6 t-shirts
- 3 long sleeve shirts
- 8 pairs of socks
- 8 pairs of underwear
- 1 pair pajama pants or sweat pants
- 3 warm sweatshirts
- 1 rain jacket
- 1 pair tennis shoes
- 1 pair slippers, sandals, or flipflops
- 1 pair boots for working and hiking
- 1 belt
- 1 pair work gloves
- 1 pair mittens or gloves

### Winter and Cold Season Clothing Items:

- 1 warm winter coat
- 1 pair thermal underwear
- 1 beanie (preferably woolen)
- 1 pair snow pants
- 1 pair water-proof gloves (snow gloves)

### Summer and Warm Season Clothing Items:

- 3 pairs of shorts
- 1 pair swimming shorts
- sun block

The following items are optional. The Journey will provide basic hygiene products; the resident may use his own hygiene products if he chooses.

- Toothbrush, toothpaste, floss, alcohol-free mouthwash
- Comb, shampoo, conditioner
- Deodorant, soap, lotion, sun block, chapstick
- Stationary (envelopes, paper, stamps, pencil or pen)
- Notebooks
- Water bottle

Please do not bring any other items for your child during visits, as they will be confiscated. Please check in any and all items with staff before giving to your child. Thank you.